

## Films about Health.

For educational purposes for both the academic and healthcare pathway, bringing evidence to a treatment pathway and empathy to a patient journey.



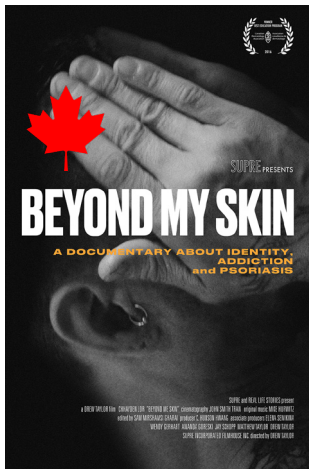
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**PSORIASIS - a 3-part award-winning documentary series awarded BEST PATIENT EDUCATION PROGRAMMING by the Canadian Dermatologist Association From Supre Inc.**



2024 9 min Supre Inc.  
The battle against stigma, addiction and psoriasis. *With Dr. Ronald Vender, Dermatologist and Associate Clinical Professor, Medicine, McMaster University*



2013 12 min Supre Inc.  
Andrew's psoriasis scarred his psychology far deeper than his skin. A journey of hope. *With Dr. Wayne Gulliver, Professor of Medicine, Memorial*



2015 8 min Supre Inc.  
Veronica wants her dream wedding but first she commits to herself to manage the psoriasis that has controlled so much of her self esteem.

**Documentary follows the director's life with ulcerative colitis.**



**Designer Shit: A Microbiome Love Story**  
2023 70 min The Best Part Inc.  
After suffering from Ulcerative Colitis for a nearly decade, filmmaker Saffron Cassaday tries a new treatment known as Fecal Microbiota Transplant: taking stool from a healthy donor and implanting it into the gut of a sick patient. Using her partner as a stool donor, Saffron spares no details in exploring what some experts believe could be the biggest medical breakthrough of the 21st century.  
*Featuring Dr. Young-In Kim, Dr. Mark Smith, Dr. Alexander Khoruts, Dr. Joanne Allard, Dr. Majdi Osamn and others.*

**CROHN'S DISEASE - Award winning series examines the impact of Crohn's on sufferers.**



2017 13 min Supre Inc.  
Charlotte's isolating journey with Crohn's disease compels her to connect kids across the country through a dedicated camp made exclusively for kids impacted by inflammatory bowel disease. *Features Dr. Gabor Kandel, Gastroenterologist, St. Michael's Hospital, University of Toronto; Angie Specic, Crohn's and Colitis Canada.*



2017 14 min Supre Inc.  
Erin's lifelong journey with Crohn's disease highlights the coping mechanisms common among chronic illness patients and the psychological fragility of maintaining disease remission. Also explores the fear and uncertainty that comes with the threat of relapse. *Features Dr. Bill Sahl, Gastroenterologist, University of British Columbia.*



2017 26min Supre Inc.  
Having failed every treatment available, Crohn's disease left Iain no choice but surgery. But finding remission through an experimental clinical trial restores his hope for the normalcy in life that most have taken for granted. *Features Dr. Remo Panaccione, Gastroenterologist, University of Calgary.*

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**A family's account of life after Schizophrenia**  
2018 15 min Supre Inc.



**OVER 1 million views on social media.**  
Diagnosed with schizophrenia, Quentin takes us deep behind the delusions and depression, the relapses, and his remarkable recovery that sees him continue to chart his impressive academic achievements. *Features Dr. Maria Alexiadis, Chief of the Dept of Family Medicine, Nova Scotia Early Psychosis Program.*

**Vaccines in the age of vaccine hesitancy**  
2024 45 min Supre Inc.



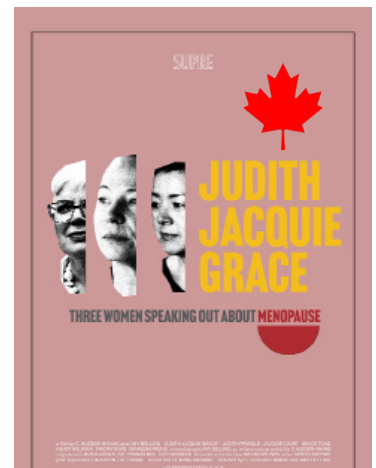
**Premiered at 2024 Canadian Immunization Conference.**  
Director Calvin Hwang sits down with vaccine hesitant families, health care workers, and public health officials pushing beyond the stereotypes to reveal the unresolved traumas, fears, and amplified narratives that have undermined our trust in vaccines and public health institutions. *Features: Dr. Cora Constantinesau, Pediatric and Infectious Disease Physician (Alberta Children's Hospital); Dr. Adina Weinerman, Sunnybrook Research Institute; Dr. Peter Junu, Applied Health Research Centre; Dr. Mireille Norris, Internist and Geriatrician, Sunnybrook Health Sciences Centre, University of Toronto.*

**One woman's journey with metastatic breast cancer**  
2023 24 min Supre Inc.



**WINNER - Leo Awards 2023**  
Sarah Sellars shares her story between anxiety and hope when living with metastatic breast cancer. Screened by multiple universities and Provincial Health Services. Used by the Tom Baker Cancer Centre to support patient, caregiver and staff specific to HER2 and metastatic breast cancer. *Features Medical Oncologists Dr. Nancy Nixon (Tom Baker Cancer Centre / University of Calgary) and Dr. Karen Gelmon (BC Cancer Agency / University of British Columbia).*

**Three Women Speaking Out about Menopause**  
2024 38 min Supre Inc.



Menopause has been largely dismissed and ignored by society, but now that a generation of baby boomer women have passed through this lifestage, they are demanding changes in attitudes, awareness, and solutions. *JUDITH JACQUE GRACE* follows three women turned menopause advocates, who seek to better their lives, their workplaces, and the future of generations of women to come. *Features Dr. Wendy Wolman, Professor University of Toronto, Director Mount Sinai Hospital; Dr. Timothy Rowe, Associate Professor Emeritus, University of British Columbia; Dr. Shafeena Premji, Founder/ Medical Director, Milestones Menopause Clinic.*



**Miracle Baby: Living with Type 1 Diabetes**

2019 28 min Supre Inc.

**Used by multiple hospitals, clinics and university programs/screenings across Canada for Diabetes Education programs.**

An inspiring documentary about Cory Conacher, a professional hockey player living with Type 1 diabetes. Beyond gaining an understanding of this complex and misunderstood condition, *Miracle Baby* offers a story of hope. Conacher's story shows audiences that once empowered by information and determination, a T1D diagnosis doesn't have to be a permanent roadblock in the pursuit of a normal and active life. *Features Dr. John Vandermuellen, McMaster University; Dr. Ilana Halperin, Sunnybrook Health Sciences Centre; and Dr. Valerie Lewis, The Charles H. Best Diabetes Centre.*



### How We Die Series: The Future of End-of-Life

2022 7 min each Kitab Productions

As we face our mortality, questions arise about how we care for ourselves and loved ones during this time, and how we support caregivers. The relationship between caregivers and terminal patients is evolving, with families, volunteers, and medical professionals exploring ways to provide meaningful support. How We Die, narrated by Ziya Tong, challenges our views on end-of-life care through 11 inspiring stories, aiming to spark conversations about the changing nature of death and dying in Canada.

Episodes include:

1. **A Good Dog** - In the halls of Hospice Simcoe, therapy dog Daisy can be found visiting with patients and family.
2. **Not in the Street** - Journey Home Hospice in Toronto provides palliative care for those living and dying on the city's streets.
3. **The MAiD Decision** - An intimate look into the decision that a couple has made for one partner who has been diagnosed with ALS.
4. **The Last Note** - Music therapist Joshua Denny-Keys works as a music therapist in palliative care in Vancouver, BC.
5. **How We Die** - Karry Sawatsky is a Death Doula who provides non-medical advice on end-of-life care.
6. **'Til Death Do Us Part** - What does it do to a relationship when the caregiver is your partner?
7. **The Great Ceremony** - Indigenous ritual and ceremony have brought together and supported Indigenous peoples.
8. **Death by Appointment** - Two sons discuss their dad's (Toronto General Hospital physician Dr. Jay Keystone) choice to use MAiD
9. **Death and Mindfulness** - Buddhist monk Khenpo Kunga Sherpa advocates meditation and mindfulness.
10. **The Caring Confidante** - A grieving mother finds support from a volunteer caregiver.
11. **The Good Trip** - Andrea Bird received permission to use psilocybin, aka magic mushrooms to cope with end-stage anxiety.



### Road to Mercy

2016 83 min Indican Entertainment  
Road to Mercy documents Canada's journey into the furthest ethical frontier - a place where doctors are allowed to take a life and where society must decide on the circumstances under which they can.



### After Caregiving Series

2023 5-7 min each The Best Part Inc. #3

In Canada, over 8 million unpaid caregivers balance full-time jobs with caring for loved ones, leaving little time for themselves. After Caregiving is a documentary series that follows former caregivers as they reflect on their experiences and transition out of caregiving. The series explores their grief, struggles, and healing journey, offering comfort and guidance to others in similar situations. *Episodes include:*

1. Julie's Story - Mom cared for 21 year old daughter
2. Michelle's Story - Wife cared for husband with dementia
3. Katherine's Story - Young woman cared for boyfriend with traumatic brain injury
4. Daniel's Story - Cared for his partner diagnosed with AIDS
5. Barb and Jim's Story - Aging couple cared for autistic son
6. Aasa's Story - Cared for her father with dementia
7. Mitch's Story - Cared for father with terminal cancer during COVID
8. Paulina's Story - Cared for partner with heart issues



### The Final Word: W5

2013 20 min CTV

Dr. Larry Librach, a pioneer in palliative care, was diagnosed with terminal pancreatic cancer and given only a few months to live. Librach championed

compassionate care throughout life, empowering patients to make decisions about their dying process, surrounded by loved ones.

*Librach was the founder of Mount Sinai Hospital's Temmy Latner Centre for Palliative Care and a former Director of the Joint Centre for Bioethics at U of T. As the physician leader of a national project called Educating Future Physicians for Palliative and End-of-Life Care, Librach helped introduce curriculum in end-of-life care to Canada's medical schools.*



### Death Wish: W5

20 min CTV

A rare and intimate look into medical assistance in dying in Canada. Follows the story of Ray Cole, a BC man with advanced cancer and

Dr. Stefanie Green, the Founding President of the Canadian Association of MAiD Assessors and Providers (CAMAP) and clinical faculty at UBC and UVic.

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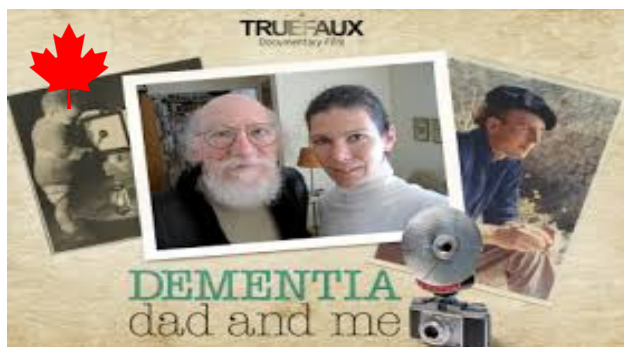


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## Dementia and Caregiving Programs



Used by Dalhousie University Medical Training Program for student learning

Used by the Alzheimer Society of NS for Staff and Volunteer Training

### Dementia, Dad and Me

*“One of the important parts of the film is that people connect to Hannah’s journey. It is real and authentic. It can be hard to describe this caregiving journey in words but Hannah did it with honesty and love that is very realistic.” - Linda Bird Program Director, Alzheimer Society of Nova Scotia*

2020 45 and 77 min versions Truefaux Films

The onset of his dementia brought a dramatic change to the relationship filmmaker Hannah Minzloff has with her father. *Dementia, Dad and Me* follows the two of them as they find new ways to connect, and to navigate the delicate transition of their roles from father and daughter to caregiver and cared for.

**Community Engagement Toolkit and Academic Toolkit included.**

### Garden Shark

2020 27 min Indiecan Entertainment



A dementia diagnosis can feel hopeless. But there are ways to live a meaningful life. At Village Improv for Alzheimer’s, people living with different forms of dementia learn improv from professional improvisers, and discover new ways of communicating with the world around them.



### Enduring Love: W5

2022 21 min CTV

W5’s Sandie Rinaldo sits down with former deputy Conservative leader Lisa Raitt about her husband’s early onset Alzheimer’s diagnosis. Bruce Wood is now in long-term care after years of descending into the fog of Alzheimer’s disease.

## Chronic Illness and Caregiving Programs



### How to Bee

2019 82 min Bee Good Films

Set against the unique backdrop of Canada’s North, *How To Bee* follows a filmmaker on a journey to connect with her father through beekeeping after he is diagnosed with a COPD, a degenerative lung disease.



### For Dear Life

2017 75 min Diving Bell Films

With a surprising amount of humour, terminal cancer patient James Pollard, a seasoned theatre producer, rallies his family and friends to turn death on its head and stretch his final years into an unconventional project.



### Three Drops

2018 22 min ResearchTV Inc.

Yellowknife filmmaker France Benoit shares her personal journey through the grief of losing her environmental activist husband, Doug, following his terminal diagnosis. Explores themes of loss, love, and resilience, with shadow and light serving as metaphors for relationships.



### Breaking Loneliness

2019 44 min Brandy Y Productions

*Breaking Loneliness* is about people finding ways to escape loneliness and social isolation, a social epidemic that is impacting all age groups around the world. Although most of us are connected on social media, we have never felt more alone. Many of us find ourselves isolated from our communities and feeling lonely.



### Pain Warriors

2019 80 min Visionary Media

**WINNER: Award of Merit – Impact Docs Awards!**

**WINNER: Award of Excellence – Accolade Global Film Competition**

Chronic pain sufferers now outnumber those with heart disease, cancer, and diabetes combined. Explores the lives of chronic pain patients, the opioid crisis, families affected by suicide, and the doctors who fight for their care. *Consultants: Dr. David A Hanscom, Orthopedic Spine Surgeon Seattle WA., Dr. Chrisitne Chambers, Clinical Psychologist, Dalhousie University; Dr. Howard Jacobs, Dr. Gordon D. Ko; Dr. Patty Verdugo.*

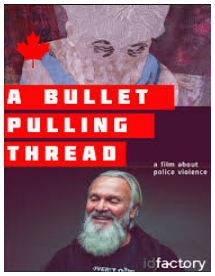


### Lessons From the Sunflower

2023 81 min Reel Girls Media

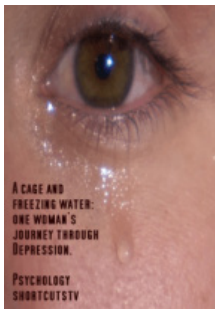
Steven Csorba uses his experience as a survivor of devastating illness, and the example of resilience and beauty in the struggle that he draws from a simple, common garden plant to help others understand how they too can overcome enormous challenges to healing, improve their overall health, discover a deeper purpose in life and ultimately find the happiness all of us yearn for.

## For Mental Health and Psychology Programs



### A Bullet Pulling Thread

2023 73 min Ian Daffern  
After police killed her brother during a mental health crisis, quilter Marilyn Farquhar created Kairos, a series of quilts to process her grief and spark change in policing. Her brother, an activist for the homeless, was shot by the RCMP in January 2020. Marilyn, once a non-political artist, now uses her work to confront law enforcement and share her story. Kairos—meaning “an opportune time for action”—is Marilyn’s call for change.

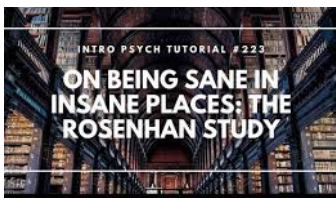


### A Cage in Freezing Water

2019 6:41 min Shortcutstv Ltd  
Depression is a mental disorder marked by negative thoughts and dysfunction. Sharon So shares her personal battle with severe depression, highlighting factors like family history, chemicals, and treatment options. Her story, “A Cage in Freezing Water,” reflects the isolation and resilience that come with the condition.

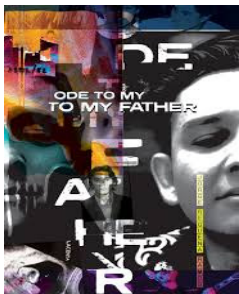
### Rosenhan: Being Sane in Insane Places

2019 7 min Shortcutstv Ltd.



Claire Parsons examines the controversial David L. Rosenhan study *Being Sane in Insane Places*, which involved seven participants faking symptoms of schizophrenia to be admitted to 12 different hospitals. This

followed earlier undercover work by journalist Nellie Bly in 1887 at Blackwell Island Asylum, where she exposed the mistreatment of patients in her book *10 Days in a Mad-House*. Rosenhan’s study revealed shocking results, showing how easily sane individuals were misidentified as insane and how patients faced dehumanization and excessive medication. The experiment highlighted the difficulties of navigating psychiatric institutions when mentally well.



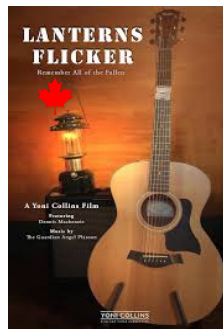
### Ode to My Father

2020 22 min Prairie Boy Productions  
A year after his father’s suicide, Mexican Canadian musician and filmmaker Jorge Requena Ramos struggles to write a song to honor his late father and heal his grief. *Ode to My Father* is a personal documentary exploring the complex relationship between fathers and sons, mental illness, and immigrant grief, while examining the impact of suicide within families. Set between Mexico City and Winnipeg, the film follows Jorge’s emotional journey to understand his father’s depression, seek forgiveness, and preserve his memory.



### If You’re Reading This... From Suicide to Significance

2022 97 min  
The Robb Nash Project Inc.  
Canadian musician Robb Nash and his band have spent a decade touring across Canada on a mission to inspire suicidal kids to choose life instead. “If You’re Reading This” explores Robb’s own remarkable journey of going from suicidal to significant. This incredible documentary examines depression, anxiety, self-harm, addiction, bullying, and suicidal ideation in a unique way that is both thought-provoking and motivating, as well as engaging and sometimes hilarious.



### Lanterns Flicker

2023 14 min Yonaton Collins  
Canadian Armed Forces veteran, Dennis Mackenzie, returned from Afghanistan to a battle with severe Post-Traumatic Stress Disorder from the war. After trying many methods of healing, Dennis turned to music and song-writing. With the help of PEI musician Dennis Ellsworth, he wrote and recorded his debut album “The Guardian Angel Platoon” about his experiences from enlistment, through the war, to the challenges of coming back home to PTSD and his journey of healing.

### The Invisible Wounds of War

2019 6:28 min Research TV

Canadian soldiers returning home have always been changed by war and peacekeeping, frequently in harmful but unseen ways. They often did not want to talk about their experiences except with comrades who would understand their feelings. Featuring Adam Montgomery, author of “The Invisible Injured: Psychological Trauma in the Canadian Military from the First World War to Afghanistan”.



### Seeking Bimaadiziwin

2007 31 min Research TV  
This film deals with the tough issues of depression, suicide and racism. It is intended for therapeutic use with clients to encourage participation

in group therapy and to spark discussion about these critical issues. It also serves to illustrate the diversity within modern Anishinawbe culture and to point out that different healing and spiritual approaches need to be used with different clients.

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## For Psychology / Autism and Behavioural Sciences Programs

### Core Concepts in Psychology

2015 Shortcutstv Ltd.

These four programs simplify core psychological research concepts for students, using real studies to highlight their importance. They also provide revision and exam tips.

Reliability and Validity (7:14): Introduces the definitions, types, and applications of reliability and validity, essential concepts in all sciences.

Sampling (7:30): Uses classic studies (Loftus, Maguire, Baron-Cohen, Zimbardo) to explain various sampling techniques, issues, and problems.

Reductionism (4:45): Explores reductionist and holistic approaches through the example of obesity.

Variables (6:08): Defines and discusses the importance of variables in psychology, covering types, reliability, validity, and application.

### Non-Experimental Research Methods Series:

#### Psychology Short Cuts Series

2015 Shortcutstv Ltd.

This series explores how psychologists study social behavior using non-experimental methods, focusing on both their strengths and limitations.

Naturalistic Observation (4:48): Examines different types of naturalistic observation through studies by Rosenhan, Hartup, LaFrance, and Mayo.

Correlations (5:28): Discusses the difference between correlation and causation, using the example of media and violence.

Self-Report Methods (6:06): Illustrates the use of self-report methods, such as questionnaires and interviews, with an example on education data collection.

Case Studies (5:52): Uses the case of Susan “Genie” Wiley to explore the history, strengths, and limitations of case study research.

#### Experimental Research Methods: Psychology Short Cuts Series

2015 Shortcutstv Ltd.

This series introduces students to key issues in psychological research through experiments, using a mix of classic and modern studies. It covers various experimental methods and their strengths and weaknesses:

Laboratory Experiments (5:49) - Explores classic studies to highlight the pros and cons of controlled, lab-based experiments.

Field Experiments (7:06) - Uses studies by Hofling, Piliavin, Fisher, and Geiselman to explain how field experiments are conducted and why they're valuable.

Natural Experiments (7:11) - Compares natural experiments to field and lab experiments, with a focus on Costello et al's study on poverty, behavior, and mental health.

Experimental Design (7:40) - Examines three experimental designs—Repeated Measures, Independent Measures, and Matched Pairs—through a study on learning and time of day.

### Math in Psychology Series

2015 Shortcutstv Ltd.

This series provides a clear, step-by-step guide for psychology students who are less comfortable with math, covering key statistical tests. It includes six segments:

Spearman's Rho (4:44) – Applying it to self and peer-rated aggression.

Sign Test (3:08) – Used to shape attitudes toward the death penalty.

Chi Square Test (4:35) – Applying it to Piaget's Conservation Experiment.

Mann-Whitney Test (3:12) – Testing if males score higher on an aggression questionnaire than females.

Probability Tests (3:40) – Explaining probability in psychology.

Wilcoxon Sign Rank Test (2:19) – Applied to the hypothesis that alcohol affects reaction test scores.

### The Exceptional Life series: Autism

2018 Fifth Ground Entertainment

The Exceptional Life is a five-part documentary web series that teams Development Pediatrician Dr. Joelene Huber, a specialist in Autism Spectrum Disorder (ASD) and “Nanny 911” Behaviour Therapist Sarah Davis. Together they'll work closely with parents raising children with Autism, focusing on key communication, social skills and behaviour issues. Produced with the intention of being a service to families who find themselves on endless waiting lists with few resources, after having their child diagnosed with autism.

1. The Underys - Tomas and Sarah work together on strategies for phone conversations.
2. Tomas Conversations - Tomas and Sara work together to develop conversational skills so that Tomas can get along better with his friends.
3. The Konopkas - Sarah and Ollie work together on how to be a good host so Ollie can handle playdates better.
4. Lucas and Julie - Lucas learns what to expect and how to prepare for a job interview; his mom will help him get ready for this important step in his life.
5. The Steins - Sarah works with Keaton and his parents to develop skills that will allow Keaton to dress himself in a more efficient way.

### Dear Anorexia

2016 52 min ARTE France

The film focuses on the “enigma” of anorexia (the pursuit of maximum thinness) rather than on the wider field of eating disorders, which would include too many diverse notions.

**Also available in French: Chère anorexie**

## For Sociology Programs

### Introducing Sociology Series

2016 Shortcutstv Ltd.

This short series features four segments that introduce key concepts in Sociology:

What Is Sociology (6:47) – Explores the distinction between social and sociological problems, focusing on social order, change, and the individual-society relationship.

Identity (6:14) – Examines personal vs. social identities and their connection to society.

Social Constructionism (6:49) – Discusses how culture shapes our perceptions, using examples of gender construction across cultures.

Sociology and Commonsense (6:49) – Compares sociological thinking with common sense, particularly in relation to crime.

### Social Theory and Crime Series

2018 Shortcutstv Ltd.

This series introduces three key sociological theories of crime, featuring the following segments:

Strain Theory (5:09) - Explores Merton's strain theory, its application in consumer societies, and its lasting influence on modern crime theories.

Labelling Theory (7:41) - Expands criminology beyond criminal actions to the social reaction to crime and its effects, tracing the rise, decline, and lasting impact of labelling theory.

Space, Place & Crime (7:11) - Investigates spatial criminology, focusing on Zimbardo's abandoned cars experiment, Wilson and Kelling's broken windows theory, and recent studies showing how changing environments can reduce crime.

### Unmasking: The End of Debate?

2020 13:40 min Shortcutstv Ltd.

Unmasking, as described by Professor Peter Baehr, differs from debate—it accuses someone or their ideas of being corrupt or fraudulent. It seeks to expose delusions rather than engage with theory or evidence, often using tactics like weaponization. Examples include the Brexit vote, Elizabeth Loftus' research, and Professor Eileen Barker's studies. Unmasking fosters intolerance, division, and rage, while understanding others through methods like ethnography can prevent it.

### The English Romanian Adoptee Project: Re-Thinking Deprivation and Development

2022 11:04 min Shortcutstv Ltd.

The English-Romanian Adoptees Project was the first to track children who experienced institutional deprivation into adulthood. Researchers found that many Romanian adoptees faced neurodevelopmental issues, suggesting deprivation impacted brain development. The film, guided by lead researcher Professor Sonuga-Barke, offers an introduction to the study, which challenges common assumptions about childhood deprivation and its effects on development.

## For Sociology Programs

### Lost in the Mall: The Memory War

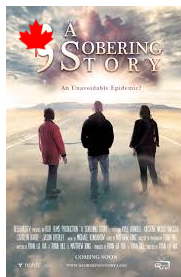
2017 13 min Shortcutstv Ltd.



In the late 1990s, recovered memory therapy gained popularity in the U.S., with experts supporting the validity of 'repressed memories.'

However, Professor Elizabeth Loftus, a memory expert, questioned this. Through her 'lost in the mall' technique, she demonstrated how false memories could be created.

## Addictions



### A Sobering Story

2024 97:42 min ResearchTV Inc.

Unveiling the harsh reality of substance use in Thunder Bay, Ontario, this universally themed documentary, told through personal narratives and expert insights, exposes a lack of resources while aiming to shatter stigmas and ignite compassion for those grappling with addiction.

### Project Cold Days

2020 48 min Lex Film Inc.

Explores the lives of people surviving Ottawa's streets in the cold. Shot over a period of four years during the freezing Ottawa winters, the film follows three main characters as they battle mental health, addictions and the elements.

### Broken Lines: A Story of Addiction

2018 32 min Human Relations Media

WINNER - Heal Award, Manhattan Film Festival  
Acclaimed filmmaker Peter Scheer illuminates the many and overlapping issues related to dealing with an addiction and traveling the difficult road to recovery.

### 48 Hours:

#### Lessons from Vancouver in Canada's Opioid Crisis

2017 40 min CTV

WS's Jon Woodward investigates Canada's growing fentanyl epidemic at ground zero - Vancouver's Downtown Eastside. Woodward spends the 48 hours after "welfare Wednesday", often considered the toughest two days on the streets, delivering an unprecedented, first-hand account of the fight against the growing synthetic opioid crisis.

*Profiles Vancouver Coastal Health's Mobile Medical Unit (MMU); Sarah Blyth, Operator of a Safe INjection Site; and Dr. Scott Macdonald, Crosstown Clinic.*

Access now with:



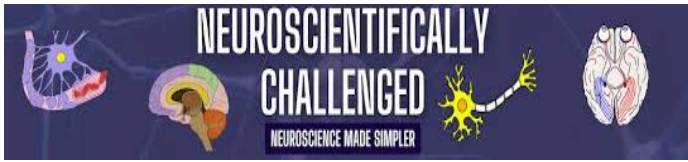
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## For Neuroscience Programs



### Neuroscientifically Challenged Series

Neuroscientist Professor Marc Dingman (Penn State University) breaks down complex topics in neuroscience into digestible, easy-to-understand explanations using engaging visuals and examples. The videos tackle key concepts in the brain and nervous system, such as neurotransmitters, neuroplasticity, brain regions, and neurological disorders. The videos offer clear, concise explanations suitable for students to use as learning material. Topics are offered in 2 minute snippets or more advanced 10 minute programs.

**With CAN-CORE AV, you have access to over 160 topics.**

**Topics include: Vertigo, Seasonal Affective Disorder, Divisions of the Nervous System, Dementia, Visual Pathways, Restless Legs Syndrome, Narcolepsy, Bells' Palsy, Brain Aneurysms, Cerebral Cortex, Chronic Traumatic Encephalopathy (CTE) and more.**

**Simply search 2-Minute Neuroscience Videos and 10-Minute Neuroscience Videos to see entire collection.**

### Synaesthesia: Life with Linked Senses



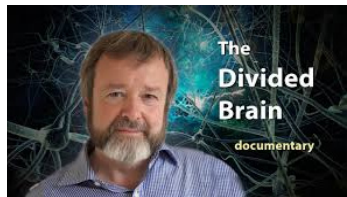
2023 52 min Authentic GMBH

Synaesthesia is a condition where people experience sensory overlap, such as seeing letters or numbers in color, tasting words, or hearing sounds as feelings.

These unique perceptions are not pathological, but rather an enhanced sensory ability. Neuroscientists have found that synaesthetes have stronger connections between brain regions, enabling these simultaneous sensory experiences. Research into synaesthesia aims to deepen our understanding of brain organization and human consciousness.

### The Divided Brain

2019 53 min Matter of Fact Media



The Divided Brain is a mind-altering documentary based on Iain McGilchrist's book *The Master and His Emissary*. Featuring McGilchrist and experts like Onur Gunturkun, Jill Bolte Taylor, and John

Cleese, it explores McGilchrist's theory that the left brain's dominance creates an imbalance hindering global progress. The film suggests this imbalance has led society to prioritize technology and systems without understanding their full impact, asking if the left hemisphere has hijacked our world.

## Queer, Trans, and Allied in Medicine

### Undetectable: How Stigma Has Gone Viral in the Fight against HIV

2021 42 min Snapshot Studios



This documentary examines Canada's potential to end HIV and the AIDS epidemic, despite ongoing deaths. It explores the history of AIDS, barriers to progress, and the gatekeepers hindering change. Using archival footage, it highlights the stigma, hysteria, and misinformation since the 80s, showcasing the lasting impact of early societal prejudice. Through the

voices of artist Mark Randall, front-line workers, and activists, *Undetectable* reveals how these factors contribute to rising infection rates.

### Leave Her to Die

2020 49 min Think Positive Productions

A 2 year old baby girl lay alone on a bamboo mat in a government orphanage in Northern Thailand. She had been abandoned in the "AIDS room". Her medical chart read: "bploi wai dtaai: Leave her to die". In a country that ostracizes those living with HIV, one extraordinary woman, Avis Rideout, was determined to prove that through loving and caring for those rejected and abandoned due to HIV, it is the incredible power of love that can and is saving lives.

### The Virus Within Us

2021 52 min Autentic GMBH

Viruses, the most common creatures on Earth, play a crucial role in our DNA, immune system, memory, and digestion. While they can be dangerous, especially when ecosystems are disrupted, they are vital to life's development. This film explores virus research, their origins, healing potential, and how pandemics like COVID-19 can be prevented or managed, revealing viruses as key architects of life.



**Sarah's story with a genetic life-threatening genetic mutation - BRC2 Not Quite That**

2022 47 min On the Creek Films

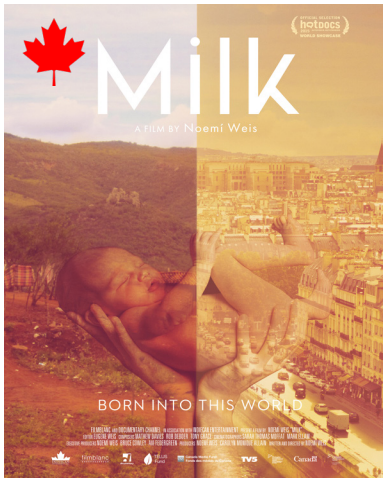
**Audience Choice Award - London Lesbian Film Festival**

**Audience Choice - Cinema Systems Film Festival**

*Not Quite That* offers an intimate exploration of identity through Sarah, a 57-year-old Jewish butch lesbian. Navigating life's complexities, she grapples with being both seen and unseen—Jewish yet not fully accepted, a mother in every way but biologically, and often mistaken for transgender. Her journey as a breast cancer survivor adds further depth to her sense of self. Through Sarah's story, the documentary prompts reflection on how we perceive ourselves and others, highlighting the significance of visibility, acceptance, and the nuances of identity and belonging.

## For Nursing Programs/ Midwifery and Doula Educations programs/ Social Workers/ Lactation Consultants

Join the global conversation about maternal and newborn health! A wonderfully insightful documentary for nursing and medical students, early child educators, social workers, emergency policy planners, infant nutrition programs, emergency responder programs, lactation consultants, midwifery education and doula training.



### MILK

2015 90 min Filmb Blanc Inc.

**Screened across Canada in Community Health Centres, Colleges, Universities, Midwifery Programs and Hospitals.**

According to UNICEF and WHO, 7 MILLION children die every year due to malnutrition, of those, 1 MILLION babies die every year due to not breastfeeding and OVER 300,000 Women die every year due to complications during pregnancy and birth. Through an intimate and artistic lens, Milk brings a universal perspective on the politics, commercialization and controversies surrounding birth and infant feeding over the canvas of stunningly beautiful visuals and poignant voices from around the globe. Inspiring, informative, provocative and sensitive, Milk celebrates bringing a new life into this world with a strong call to action and reflection.

*Features: Francesco Branca - Director of the Department of Nutrition, WHO, Head Quarters; Terry Wefwafwa - Head of the Division of Nutrition, Ministry of Health, Kenya; Elisabeth Sterken - Director, INFACT Canada; Ines Fernandez - Executive Director of Arugaan, Philippines; Dr. Jack Newman - Paediatrician, Lactation expert, Author, Canada; Marie McGrath - Director, Emergency Nutrition Network, UK.*

## For Biology - Studying Concepts

### Biology Concepts - Short Explainer Video Series

#### OUP Biology Series - Presented by the Oxford University Press

2021 Makematic

This collection of short “explainer” style animated videos explain key concepts in biology in clear, concise terms.

1. How Does the Urinary System Work
2. What is Synaptic Transmission
3. What is Mitosis and Meiosis
4. The Lytic and Lysogenic Cycle of Viruses
5. Evolution by Natural Selection
6. Transport of Oxygen by Haemoglobin
7. Muscle Contraction
8. Immune Response
9. Translocation
10. Mitosis Compared to Meiosis
11. What is an Enzyme
12. How Does Our Digestive System Work
13. What is Active Immunity
14. How Does the Circulatory System Work
15. What is the Human Fertilization Process
16. How is Gas Exchanged during Respiration

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## For Health and Wellness Programs

### **Walking: Miracle Cure for Body and Soul**

2021 52 min Authentic GMBH

Is walking a miracle cure for body and soul?

Today, people spend most of their time sitting down. This often leads to massive health problems. The cure is rather simple: regular walking improves our physical and mental condition. It makes us fitter, smarter, younger and even lifts our mood. The latest scientific studies prove the great health benefits of walking as a cure for body and soul without any side effects.

### **Authenticity: Five Paths of Ayurveda**

2019 19 min Research TV

Ayurveda, the “knowledge for long life,” is the oldest healing system in the world. Modern Ayurveda is explored through five institutions representing distinct philosophies, each seeking a method true to the intentions of the ancients. From the oldest center of treatment to a modern ayurvedic college to contemporary beach resorts offering “wellness” through massage, Authenticity provides an overview of ayurvedic practitioners and the different ways they achieve this goal.

## Indigenous Knowledge for Healthcare Workers

### **Sharing Tebwewin**

2008 30 min Research TV

“Sharing Tebwewin” (Sharing the Truth) is an educational documentary designed to help health workers become more “culturally competent” in their work with First Nations people. Features: Dr. Cornelia (Nel) Wieman, the first indigenous woman to become a psychiatrist in Canada; Stella Montour, a Consumer/Survivor advocate. The film was made with support from First Nation Initiative (FNI), a committee of First Nations health professionals from various organizations in Thunder Bay and Dr. Paul Mulzer of the St. Joseph’s Care Group.

### **Wellness: Future History - Harnessing Knowledge**

2018 22 min Redcloud Studios

Hosts Kris and Sarain share their experience of health and wellness. They meet with Traditional Healer/Counsellor John Rice who teaches them about Mino Bimaadiziwin. They travel to Six Nations for a check up with Family Physician Dr. Karen Hill and Traditional Medicine Practitioners Val King and Elva Jamieson at Juddah’s Place, a health clinic that combines Indigenous and Western Medicine. Sarain and Kris visit with Personal Trainer Isabelle Aube who reminds them of their own power and strength.

## Nursing Programs

### **Street Nurse**

2002 46 min Bishari Films

Order of Canada member, Cathy Crowe is a familiar name. For years as one of Toronto’s 50 or so street nurses, she visited the habitats of the homeless tending to their blistered feet, infected wounds and often fragile psyches. She helps find night shelter for them when temperatures reach lethally low levels. Cathy is currently the voluntary Executive Director of the Toronto Disaster Relief Committee.

### **Nurses: If Florence Could See Us Now**

2012 52 min The Video Project

Offers a unique look into the complex and challenging world of being a nurse, exploring the many different roles that nurses play and their areas of practice, from the bedside to the board room, and the many ways that nurses impact the lives of others.

## Interprofessional Education

### **Collaboration and Teamwork in Healthcare Series**

2020 University of Toronto, University Health Network (UHN) and The Centre for Interprofessional Education

These short video clips present scenarios that highlight an example in which the health care providers are not appropriately prepared for the family meeting and deliver care information to the patient/client/family which creates grief and conflict. The episodes include:

1. Collaboration and Teamwork in Healthcare: Clip 1A, Breaking Bad News
2. Collaboration and Teamwork in Healthcare: Clip 1B, The Family Meeting Preparation
3. Collaboration and Teamwork in Healthcare: Clip 1C, The Family Meeting
4. Collaboration and Teamwork in Healthcare: Clip 2, Team Huddle
5. Collaboration and Teamwork in Healthcare: Clip 3, Team Safety Debrief

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